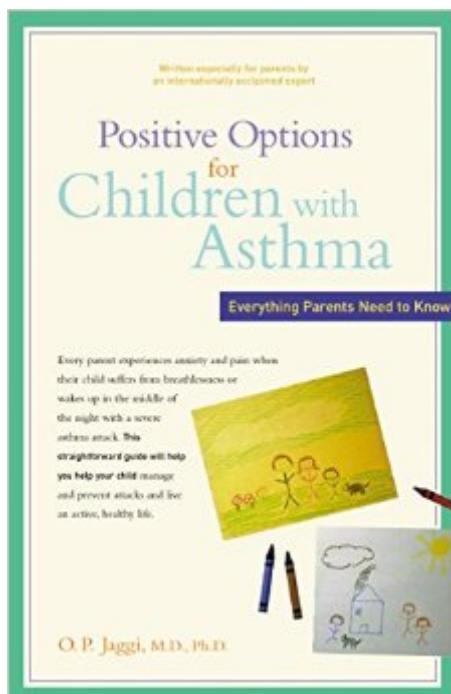


The book was found

Positive Options For Children With Asthma: Everything Parents Need To Know (Positive Options For Health)



Synopsis

** How to Help Your Child Live an Active, Healthy Life** A straightforward simple guide for parentsWritten especially for parents, this book is a comprehensive guide to a better understanding of childhood asthma. Only parents and the immediate family know the intense anxiety and pain they experience when their child suffers from breathlessness, or wakes up in the middle of the night with a severe attack of asthma.Written in a warm, reassuring tone, the author explains the causes of asthma in children, discusses what goes wrong inside the lungs, and reviews the various diagnostic procedures and treatment options available, including advances in safe medication. Most important, the book discusses the critical role parents can play in preventing and managing asthma attacks:** Creating a safe, allergen-free environment** Recognizing advance warning signs** Pre-empting attacks** Reducing the intensity of attacks** Ensuring safe and minimal medication** Enhancing body immunity and tolerance to allergens** Helping the child to help himselfThis edition for the US market includes the latest updates in the field and a new chapter on alternative treatments for asthma in children.This is the ninth book in Hunter House's popular Positive Options series.

Book Information

Series: Positive Options for Health

Paperback: 164 pages

Publisher: Hunter House; 1 edition (August 15, 2005)

Language: English

ISBN-10: 0897934539

ISBN-13: 978-0897934534

Product Dimensions: 5.5 x 0.4 x 8.6 inches

Shipping Weight: 8 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 starsÂ See all reviewsÂ (1 customer review)

Best Sellers Rank: #2,341,673 in Books (See Top 100 in Books) #19 inÂ Books > Health, Fitness & Dieting > Children's Health > Asthma #57 inÂ Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Asthma #268 inÂ Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Lung & Respiratory Diseases

Customer Reviews

Positive Options for Children with Asthma: Everything Parents Need to Know is a no-nonsense guide written especially for parents and caretakers of children who suffer from asthma, including severe asthma attacks. Written by asthma expert O.P. Jaggi, Positive Options for Children with

Asthma discusses how to create an allergen-free environment, how to pre-empt attacks or lower their intensity, teaching a child about asthma medication and how to use it safely, enhancing a child's immunity and tolerance to allergens, teaching a child effective "belly breathing" technique, helping a child incorporate physical activity into their lives while successfully coping with exercise-induced asthma, and much more. An easy-to-use, absolute "must-have" for anyone responsible for an asthmatic child, and also a very practical guide for asthmatics of any age seeking to learn more about their condition and what to do about it.

[Download to continue reading...](#)

Positive Options for Children with Asthma: Everything Parents Need to Know (Positive Options for Health) Asthma: Treatment for beginners (2nd EDITION + BONUS CHAPTERS) - Diet, Cures and Natural Remedies to get rid of Asthma Naturally (Asthma Cure - Asthma Diet - Asthma Treatment - Asthma Tips Book 1) Positive Parenting: How to talk to your kids so they listen...Your guide to everything you need to know about positive parenting and raising children to ... Positive Discipline, Parenting Books) Positive Options for Living with COPD: Self-Help and Treatment for Chronic Obstructive Pulmonary Disease (Positive Options for Health) Asthma-Free Naturally: Everything You Need to Know to Take Control of Your Asthma - Featuring the Buteyko Breathing Method Suitable for Adults and Children Positive Discipline for Preschoolers: 10 Tips on Making Your Child Responsible and Confident (Positive Discipline, Positive Discipline for Preschoolers, Positive Discipline In The Classroom) Day Trading: Become A Big Profit Trader: Trading For A Living - Trading Strategies, Stock Trading & Options Trading (Penny Stocks, ETF, Binary Options, Covered Calls, Options, Stock Trading, Forex) Everything You Need to Know About Caregiving for Parkinson's Disease (Everything You Need to Know About Parkinson's Disease) (Volume 2) Everything You Need...english To Know About English Homework (Everything You Need to Know about (Scholastic Paperback)) Epilepsy In Children: Guide For Parents & Carers On Seizures, Emergencies & Everything Else You Should Know (Epilepsy In Children, Seizures In Children Book 1) All You Need to know about Managing Asthma: The Best Ever Natural Treatments to help you get your life Back! (Asthma, allergies, exercise) The Everything Parent's Guide to Sensory Processing Disorder: The Information and Treatment Options You Need to Help Your Child with SPD (Everything® Parents Guide) Positive Thinking: How to Eliminate Negative Thinking and Gain Success, Health and Happiness Through Positive Thinking and Self-empowering Affirmations (Positive Thinking Everyday Book 1) Everything You Need to Know about the Dangers of Tattooing and Body Piercing (Need to Know Library) The Complete Kid's Allergy and Asthma Guide: Allergy and Asthma Information for Children of All Ages Everything You Need to Know to Have a Healthy

Twin Pregnancy: From Pregnancy Through Labor and Delivery . . . A Doctor's Step-by-Step Guide for Parents for Twins, Triplets, Quads, and More! The TMJ Healing Plan: Ten Steps to Relieving Headaches, Neck Pain and Jaw Disorders (Positive Options for Health) Children with Asthma: A Manual for Parents (COMPLETELY REV) Children With Asthma: A Manual for Parents 50 Maths Ideas You Really Need to Know (50 Ideas You Really Need to Know Series)

[Dmca](#)